

**RECORD RELEASE / REQUEST**

**TO:**

**ADDRESS:**

**PHONE #:**

**FAX #:**

I hereby authorize my optometrist/ medical records to be released and transferred to/ from:

**OPTIMA OPTOMETRY  
HELENA H.P. NGUYEN, O.D.  
3480 EL CAMINO REAL  
SANTA CLARA, CA. 95051  
Phone #: (408) 247-5102  
Fax #: (408) 247-5946**

**NAME OF PATIENT:**

**BIRTHDAY:**

**SOCIAL SECURITY NUMBER:**

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**PATIENT'S SIGNATURE:**

**DATE:**